

**Monggo (*Vigna radiata*) - Rice (*Oryza sativa*) - Tomato (*Solanum lycopersicum*) Cookies**

**Abstract of the Disclosure**

5           The present utility model discloses a composition of cookies made from  
monggo (*Vigna radiata*), rice (*Oryza sativa*), and tomato (*Solanum  
lycopersicum*) comprising: 340 grams monggo (*Vigna radiata*) - rice (*Oryza  
sativa*) flour, 136 grams muscovado sugar, 136 grams butter, 4.2 grams  
baking powder, 17.1 grams vanilla, 57 grams eggs, and 4.2 grams dried  
10 tomato (*Solanum lycopersicum*). These cookies are natural, nutritious, gluten-  
free, preservative-free, and offer health benefits due to their antioxidant  
content, high fiber, and essential nutrients, providing an improved alternative  
to conventional cookies.

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